

## **Outline of Sessions**

### Session 1

The science of compassion and transspecies relationships:

- Animal Behavior
- Animal Communication
- Emotional and social intelligence
- Transspecies and ecological intelligence

### Session 2

Nonviolent Communication foundations (NVC)

Handout: NVC Connecting Our Hearts

### Session 3

Nonviolent Communication continued:

- Transspecies empathy
- Transspecies requests - How do we have power with and not power over?

Handouts: How Words Matter, Requests and Power, Transspecies Empathy

### Session 4

Transspecies ethics

Handout: Transspecies Needs Based Analysis

### Session 5

Practices to change our behavior and nourish ourselves  
Religious, spiritual, mindfulness, behavioral approaches

Handout: Fowler's Stages of Development

### Session 6

Transforming the world through transspecies relationships

- Human dimensions of change
- Meaning making
  - Experiential learning
  - Ethnozoology
- Organizational intelligence

Handouts: Reverence for Life Experiential Learning Guide - Participant  
Reverence for Life Experiential Learning Guide - Leader