

## UUAM Resource Packet

\* Children and Youth Resources

These resources are an invitation for you to develop your own resource list in your congregation. If you have additions to this list (or edits1) please contact UUAM Board Member LoraKim Joyner (amoloros@juno.com)

### RESOURCES FOR UNITARIAN UNIVERSALIST CONGREGATIONS:

Peter Morales, UUA President, 'Thoughts about UUs and the Ethical Treatment of Animals': <http://www25.uua.org/ufeta/moralesstatement.html>

#### Blessing of the Animals Resource Packets

Revv. Gary Kowalski and LoraKim Joyner have compiled a helpful guide for anyone wishing to plan a service celebrating our kinship with other living creatures. The fifteen page booklet includes readings, prayers, sample homilies and how-to tips. To obtain a copy, send a check for \$4.00 payable to UFETA, c/o Charlie Talbert, 9205 Lakeshore Drive, Pleasant Prairie, WI 53180, UFETA

UUA ETHICAL EATING GUIDE: FOOD and ENVIRONMENTAL JUSTICE:  
<http://www.uua.org/documents/washingtonoffice/ethicaleating/studyguide.pdf>

ETHICAL EATING: Talking With Our Mouths Full of Compassion by Rev. LoraKim Joyner, past President of UUAM:  
<http://www25.uua.org/ufeta/NVC%20Brochure%20UFETA%202009.pdf>

Worship Resources, Web Resources, Print Resources:  
<http://www.animalsreligion.org/resources.htm>

### ORGANIZATIONS

INTERRELIGIOUS VOICES FOR ANIMAL COMPASSION  
<http://www.animalsreligion.org/>

Inter-religious Voices for Animal Compassion promotes advocacy and compassionate living on behalf of animals by engaging with a variety of religious, ethical, philosophical, and spiritual perspectives, recognizing that religion and spirituality play a significant role in shaping how humans understand and treat other living beings.

Our goal is to engage the hearts and minds of people of faith, scholars, faith leaders, and activists on issues facing non-human animals in order to expand the circle of compassion beyond human beings, and to empower faithful action.

**INSTITUTE FOR HUMANE EDUCATION** The Institute for Humane Education (IHE) is a non-profit, 501(c)(3) educational organization dedicated to creating a humane world through humane education.

<http://humaneeducation.org/home>

Resources section <http://humaneeducation.org/sections/view/resources> puts the power of humane education and humane living right at your fingertips with a variety of useful tools.

**HUMANE SOCIETY FAITH OUTREACH**

<http://humanesociety.org/about/departments/faith/>

The Faith Outreach program of The Humane Society of the United States seeks to engage people and institutions of faith with animal protection issues, on the premise that religious values call upon us all to act in a kind and merciful way towards all creatures.

**FARM SANCTUARY** Educational Materials:

<http://www.farmsanctuary.org/education/>

Additional Farm Sanctuary informational literature, including "[Factory Farming: Destroying the Environment](#)," "[How We Treat the Animals We Eat](#)" and "[Vegetarian Diets for Kids](#)" brochures, is available. Although these brochures are not designed for children specifically, they are appropriate for \* students in grades 9-12.

**PEOPLE FOR THE ETHICAL TREATMENT OF ANIMALS:**

<http://www.peta.org>

\* PETA KIDS: <http://www.petakids.com>

\* You Can Make a Difference: [http://www.petakids.com/save\\_animals.asp](http://www.petakids.com/save_animals.asp)

- **Free Animal Comic Books:** Just fill out the form below to receive your **free** set of PETA Kids comic books. As a bonus, we'll also throw in our [Kids' Guide to Helping Animals](#) magazine and some [PETA Kids sticker sheets](#).  
<http://www.petakids.com/comics.asp>

\* **AMERICAN HUMANE ASSOCIATION**

[www.americanhumane.org](http://www.americanhumane.org) AHA produces educational videos, lesson plans and activities, handouts and reproducible material.

**AMERICAN SOCIETY FOR THE PREVENTION OF CRUELTY TO ANIMALS (ASPCA)** [www.aspca.org](http://www.aspca.org)

- \* ASPCA makes available the following publications:
  - \* **Web of Life Resource Kits** (divided into two age-groups kindergarten to grade 3, and grades 4 to 6).
  - \* **Animaland Classroom** for 7 to 12 year olds features animal profiles, activities, puzzles and games.
  - \* **Video on pet overpopulation**
  - \* **Kids, animals and Literature** - bibliography of 450 books with positive humane themes.

**UNITED POULTRY CONCERNS:**

- \* Educational Material for Children [http://www.upc-online.org/merchandise/humane\\_child.html](http://www.upc-online.org/merchandise/humane_child.html)

**Thinking Like a Chicken:**

Philosophical Essays & Published Letters About Chickens & Other Domestic Fowl <http://www.upc-online.org/thinking/>

Jane: One Tiny Chicken Foot' Story: <http://www.upc-online.org/broiler/121206jane.html>

**FARM KIND:** <http://www.farmkind.org/index.htm> Founded by Harold Brown, Farm Kind was founded to be a place where everyone can come to learn about

issues concerning our food, how it is produced, and the many complex connections it has to our world and our lives.

**NONVIOLENCE UNITED:** <http://www.nonviolenceunited.org/> We are consumer educators. The purpose of this website is to start a world revolution based on compassion and personal responsibility. Our vision is a world driven by the innate goodness of people and their values of justice, kindness and compassion for other people, for the planet, and for animals.

- "A Life Connected" Brochures



- [Download/Read](#)

- [A Life Connected Brochure](#)

- Help us spread the word!

- [Order brochures for outreach/distribution.](#)

**WORLD PEACE DIET** by Dr. Will Tuttle: <http://www.worldpeacediet.com/>  
Eating for Spiritual Health and Social Harmony

- Sign up for daily veg-inspiration messages

**CANADIAN FEDERATION OF HUMANE SOCIETIES** [www.cfhs.ca](http://www.cfhs.ca)

This federation produces thoughtful, well-written material, including useful practical guidelines on Humane Education in Schools.

The Canadian Federation of Humane Societies makes available the following publications:

- \* *Humane Education Resource Pack* (complete kit of curriculum materials for teachers - early years to senior, separate section for each grade).

- \* *The Humane Educator* (bi-annual newsletter for humane educators and teachers with articles on programs, resources and humane education issues).

**IN DEFENSE OF ANIMALS:** <http://www.idausa.org/>

Online Resource Center: <http://www.idausa.org/ir.html>

\* Student Projects; Starting Your Own Group; Planning Committees; Effective Picketing; Effective Outreach Tips; Rallies and Marches; Conducting a Vigil; High School Organizing; How to Make the News; Demonstration Check List

VEGAN OUTREACH: <http://www.veganoutreach.org>

Vegan Outreach works to expose and end cruelty to animals through the distribution of our advocacy booklets. Resource Center:

<http://www.veganoutreach.org/advocacy/resources.html>

Note: 'A Meaningful Life: Animal Advocacy, Human Nature, and a Better World' by Matt Ball for advocates of all ages.

COMPASSION OVER KILLING: <http://www.cok.net/> Resources: <http://www.cok.net/lit/>

KIND GREEN PLANET: <http://www.kindgreenplanet.org/index.php>

Kind Green Planet is a nonprofit organization dedicated to educating people about healthy, humane, eco-friendly living. RESOURCE CENTER includes information on Food and Nutrition, Household Tips, Helpful Books, Clothing-Shoes-Accessories-Makeup, Moral Support, Etc.

### ONLINE RESOURCES FOR ADVOCACY AND LEARNING

THE ANIMAL VOICE <http://www.animalsvoice.com/>

An abundance of current news, legislation, commentary, articles, essays, campaigns, and resources in all aspects of animal welfare

### RESOURCES FOR CHILDREN AND YOUTH

\* TEACH KIND: <http://www.teachkind.org/>

[TeachKind](http://www.teachkind.org/), the humane-education division of People for the Ethical Treatment of Animals, is a resource for teachers, administrators, and librarians who want to help students become kinder, more compassionate individuals. On this site, you'll find a wealth of materials that have been designed exclusively for caring and dedicated educators like you. You can download free lesson plans or order free books, posters, leaflets, stickers,

videos, and other resources. And if you need further information or ideas or if you have any questions, don't hesitate to ask! See list of *Free Materials* on home page.

\* [Share the World: Everyone Matters](http://www.sharetheworld.org/): <http://www.sharetheworld.org/>  
(Ages 7-10) Share the World is designed to help your students better understand and appreciate the animals with whom we share our world. The program promotes compassion and empathy for animals while allowing students to practice their reading, writing, and math skills. See the list of 'Free Material' on the right-hand column.

\* [Cultivating Compassion: Teachers' Guide and Student Activities](#)  
Guides offers lesson plans, hand-outs, and activities for teaching that farmed animals have feelings, too. Elementary (grades 3-5), Intermediate (grades 6-8), and Secondary (grades 9-12) Levels available.

\* [HUMANE SOCIETY OF THE U.S.:](http://www.humanesocietyyouth.org/shoppingcart/) Educational Material:  
<http://www.humanesocietyyouth.org/shoppingcart/>

\* Humane Society Youth - animal stickers:  
[http://www.humanesocietyyouth.org/shoppingcart/AddToShoppingCart.asp?Prod\\_ID=NAH090](http://www.humanesocietyyouth.org/shoppingcart/AddToShoppingCart.asp?Prod_ID=NAH090) 30/\$3.50

\* Mission: Humane Kid's stickers:  
[http://www.humanesocietyyouth.org/shoppingcart/AddToShoppingCart.asp?Prod\\_ID=NAH121](http://www.humanesocietyyouth.org/shoppingcart/AddToShoppingCart.asp?Prod_ID=NAH121) Order 24 sheets (288 stickers) for \$12.00 or one sheet (12 stickers) for \$1.00

\* HumaneTeen/Mission: Humane Stickers:  
[http://www.humanesocietyyouth.org/shoppingcart/AddToShoppingCart.asp?Prod\\_ID=NAH122](http://www.humanesocietyyouth.org/shoppingcart/AddToShoppingCart.asp?Prod_ID=NAH122) Order 24 sheets (360 stickers) for \$12.00 which includes 6 sheets each HumaneTeen (small) and HumaneTeen (large), and 12 Mission: Humane (orange). Or you can order one sheet (12 stickers) for \$1.00

\* 100 Ways to Be Kind to Animals™ Megaposter (26" x 40") Megaposter \$8.00

[http://www.humanesocietyyouth.org/shoppingcart/AddToShoppingCart.asp?Prod\\_ID=NAH073](http://www.humanesocietyyouth.org/shoppingcart/AddToShoppingCart.asp?Prod_ID=NAH073)

\* KIND NEWS: <http://www.kindnews.org>

Teacher Zone Resources:

[http://www.kindnews.org/teacher\\_zone/default.asp](http://www.kindnews.org/teacher_zone/default.asp)

\* Printables: [http://www.kindnews.org/teacher\\_zone/default.asp](http://www.kindnews.org/teacher_zone/default.asp)

\* The Kind News Guide to Protecting Animals and the Earth:

[http://www.humanesocietyyouth.org/ShoppingCart/AddToShoppingCart.asp?Prod\\_ID=NAH027](http://www.humanesocietyyouth.org/ShoppingCart/AddToShoppingCart.asp?Prod_ID=NAH027)

**BOOKS FOR VEGETARIAN KIDS:**

<http://www.veganfamily.co.uk/kidsbooksveg.html>

[http://www.amazon.com/Books-For-Vegetarian-Kids/lm/R3DU07TXVMB4C4/ref=cm\\_lmt\\_srch\\_f\\_1\\_rsrsrc0](http://www.amazon.com/Books-For-Vegetarian-Kids/lm/R3DU07TXVMB4C4/ref=cm_lmt_srch_f_1_rsrsrc0)

**ANTI-VIVISECTION**

AMERICAN ANTI-VIVISECTION SOCIETY (AAVS) [www.aavs.org](http://www.aavs.org)

NATIONAL ANTI-VIVISECTION SOCIETY (NAVS) [www.navs.org](http://www.navs.org)

**SEALIFE:**

Monterey Bay Aquarium

<http://www.montereybayaquarium.org>

Issues & What You Can Do

<http://www.montereybayaquarium.org/cr/seafoodwatch.aspx>

Fishing practices worldwide are damaging our oceans—depleting fish populations, destroying habitats and polluting the water. Informed consumers can help turn the tide.

- [Learn about the Issues](#)
- [Learn What You Can Do](#)

- [Choose a Pocket Guide](#)

## WILDLIFE AND ENVIRONMENT:

Defenders of Wildlife: <http://www.defendersofwildlife.org/>

Programs and Policy, Wildlife Conservation, Habitat Conservation, International Conservation, Science and Economics, In the Courts, Policy and Legislation, Biodiversity Partners

\* Defenders of Wildlife 'Kid's Planet' <http://www.kidsplanet.org/>

Games, Facts, Defend It, Cool Stuff, Wild Games, Web of Life, and more

BORN FREE USA (formerly Animal Protection Institute)

<http://www.bornfreeusa.org/>

Campaigns and Programs Links: Animals in Entertainment; Animals in Transport, Captive Exotic Animals, Coexisting with Wildlife, Companion Animals, Fur as Fashion, International Wildlife Trade, Pet Shops, Primate Sanctuary, Trapping and Fur

*New Global Warming Strategy---How Environmentalists are Overlooking Vegetarianism as the Most Effective Tool Against Climate Change in Our Lifetimes.*

<http://www.earthsave.org/globalwarming.htm>

## FACT SHEETS ON ANIMAL RIGHTS ISSUES

<http://www.kinshipcircle.org/store/>

<http://www.tryveg.com/cfi/toc/>

<http://www.humanesociety.org/issues/>

<http://www.upc-online.org/merchandise/handout.html> (poultry)

## DVD'S/FILMS



'Mad Cowboy: Plain Truth from the (EX) Cattle Rancher who won't Eat Meat'  
[www.madcowboy.com](http://www.madcowboy.com)

'Their Future is in Your Hands' (Ages 11-Adult / 13 minutes FREE)  
<http://www.teachkind.org/iyh-resources.asp>

'Food, Inc.' <http://www.foodincmovie.com/> with excellent discussion guide

'The Emotional World of Farm Animals' (aired nationally on PBS):  
<http://www.jeffreymasson.com/media/emotional-world-of-farm-animals.html>

'Earthlings: Nature - Animals - Humankind, Make the Connection'  
<http://www.earthlings.com/>

'The Witness: A Tribe of Heart Documentary'  
<http://www.witnessfilm.org/>

'Peaceable Kingdom: A Tribe of Heart Documentary'  
<http://www.peaceablekingdomfilm.org/>

'Vegetarian Cooking with Compassionate Cooks' ~ Colleen Patrick-Goudreau  
[http://www.amazon.com/Vegetarian-Cooking-Compassionate-Colleen-Patrick-Goudreau/dp/B0006FKL58/ref=sr\\_1\\_1?ie=UTF8&s=dvd&qid=1276461733&sr=8-1](http://www.amazon.com/Vegetarian-Cooking-Compassionate-Colleen-Patrick-Goudreau/dp/B0006FKL58/ref=sr_1_1?ie=UTF8&s=dvd&qid=1276461733&sr=8-1)

'Diet for a New America'  
<http://www.amazon.com/Diet-New-America-John-Robbins/dp/B001MUJVUC>

'A Cow at My Table'  
[http://www.thevegetariansite.com/cgi-bin/miva?Merchant2/merchant.mv+Screen=PROD&Store\\_Code=S&Product\\_Code=A+Cow+At+My+Table&Category\\_Code=videos](http://www.thevegetariansite.com/cgi-bin/miva?Merchant2/merchant.mv+Screen=PROD&Store_Code=S&Product_Code=A+Cow+At+My+Table&Category_Code=videos)

'Nonviolence Includes Animals'  
by PETA President Ingrid E. Newkirk, introduction by Dennis Kucinich  
[http://www.petacatalog.com/products/Nonviolence\\_Includes\\_Animals\\_DVD-212-0.html](http://www.petacatalog.com/products/Nonviolence_Includes_Animals_DVD-212-0.html)

'The True Cost of Food' <http://www.sierraclub.org/truecostoffood/>

### Life Behind Bars

Narrated by Mary Tyler Moore, this documentary compares a natural, humane life of farm animals with the cruel methods currently used on factory farms. Suitable for high school and college levels.

### LIST of CRUELTY-FREE COMPANIES

In Defense of Animals: <http://www.idausa.org/facts/crueltyfree.html>

The Caring Consumer (PETA) <http://www.caringconsumer.com/>

### CRUELTY-FREE SHOPPING: CLOTHES, FOOTWEAR, PERSONAL CARE and OTHER PRODUCTS

The Vegetarian Site: [http://thevegetariansite.com/cgi-bin/miva?Merchant2/merchant.mv+Screen=SFNT&Store\\_Code=S](http://thevegetariansite.com/cgi-bin/miva?Merchant2/merchant.mv+Screen=SFNT&Store_Code=S)

The Vegan Store: <http://www.veganstore.com/>

Alternative Outfitters: <http://www.alternativeoutfitters.com/>

### FOOD AND FREE VEGETARIAN STARTER KITS

PETA: <http://www.peta.org/vsk/>

MERCY FOR ANIMALS: <http://www.mercyforanimals.org/vegan-starter-kit.aspx>

COMPASSION OVER KILLING: <http://www.tryveg.com/request/>

ACTION FOR ANIMALS: <http://www.afa-online.org/starterpack.html>

UNITED POULTRY CONCERNS: "Go Vegan" Brochures:  
<http://www.upc-online.org/merchandise/govegan.html>

FREE EASY VEGAN RECIPES BOOKLET <http://www.cok.net/lit/recipes/>

Vegan Essentials:

[http://www.veganesentials.com/?gclid=CIO68YjImqICFQpciAod\\_CU8ww](http://www.veganesentials.com/?gclid=CIO68YjImqICFQpciAod_CU8ww)

Vegan Goods: <http://www.vegangoods.com/>

The Green People: <http://www.greenpeople.org/Vegan.html>

'Food for Thought' Adopting an Animal Friendly Menu'

Animal Place: <http://www.animalplace.org/food.html>

Veg Fund: <http://vegfund.org> Our mission is to acquaint the general public with the joys of a plant based diet. We do this by helping fund the distribution of educational materials & vegan food at local events.

Resources: <http://vegfund.org/Resources.html>

## ANIMAL LAW

HUMANE SOCIETY LEGISLATIVE FUND: <http://www.hslf.org/>

- Humane Scorecard: <http://www.hslf.org/humanescorecard/>
- Federal Legislation: <http://www.humanesociety.org/about/departments/legislation/>
- State Legislation: <http://www.humanesociety.org/about/state/>
- Ballot Initiatives: [http://www.hslf.org/ballot-initiatives/ballot\\_initiatives.html](http://www.hslf.org/ballot-initiatives/ballot_initiatives.html)
- Find Your Legislators: [http://action.humanesociety.org/site/PageServer?pagename=HSLF\\_elected\\_officials\\_federal](http://action.humanesociety.org/site/PageServer?pagename=HSLF_elected_officials_federal)

ANIMAL LEGAL DEFENSE FUND (ALDF) [www.aldf.org](http://www.aldf.org)

Protecting Children, Protecting Animals, Human-Animal Bond

EQUAL JUSTICE ALLIANCE: <http://www.equaljusticealliance.org> a coalition of organizations to repeal the Animal Enterprise Terrorism Act:

Resources: <http://www.equaljusticealliance.org/resources.htm>

## Two Federal Bills, Two Chances to Help Farm Animals

Two recently introduced federal bills now present us with two opportunities to reduce farm animal suffering and promote compassion.

Prevention of Farm Animal Cruelty Act (HR 4733):

<https://secure2.convio.net/fsi/site/Advocacy?cmd=display&page=UserAction&id=332>

Healthy School Meals Act (HR 4870):

<https://secure2.convio.net/fsi/site/Advocacy?cmd=display&page=UserAction&id=335>

## SANCTUARIES, ORGANIZATIONS, BLOGS, and PUBLICATIONS by UUAM MEMBERS

Susan Eakins, New Dawn Farm Sanctuary: <http://newdawnmt.com>

Darlynn Czerner, DARLYNN's DARLINS, Inc: <http://www.darlynnsdarlins.org>  
Piggy Heights Animal Sanctuary

Liz Keller, Glen Wild Animal Rescue: <http://www.glenwildanimalrescue.org>

Amie Hamlin, founder of Club Veg and director of the New York Coalition for Healthy School Food <http://www.healthylunches.org>

Rev. Dr. Beth Johnson, Interreligious Voices for Animal Compassion Steering Committee: <http://www.animalsreligion.org>

Jennifer Greene, founded Vegan Long Island

<http://www.meetup.com/Vegan-Long-Island>

Local meetup group, now with over 600 members

Marisa Miller Wolfson, Director of Outreach and a former UUAM Board Member KIND GREEN PLANET: <http://www.kindgreenplanet.org/index.php>

Rev. Dr. LoraKim Joyner, Board Member and former President of UUAM,  
Director, [Lafeber Conservation and Wildlife](http://www.lafeberconservationwildlife.com)  
[www.lafeberconservationwildlife.com](http://www.lafeberconservationwildlife.com)  
Liberating Wings: [www.liberatingwings.typepad.com](http://www.liberatingwings.typepad.com)

Rev. Gary Kowalski, Board Member and former UUAM President and  
Treasurer is the author of [Earth Day: An Alphabet Book](#) (Skinner House,  
2009) and [Revolutionary Spirits: The Enlightened Faith of America's  
Founding Fathers](#), published by BlueBridge in 2008. Other books include [The  
Souls of Animals](#) (New World Library, 2007), [Goodbye Friend: Healing  
Wisdom For Anyone Who Has Ever Lost A Pet](#) (New World Library 2007),  
[Science and the Search for God](#) (Lantern Books, 2003) and [The Bible  
According To Noah: Theology As If Animals Mattered](#) (Lantern  
Books, 2001). All are available on Amazon.com or from your local bookstore.

'The Heifer Project', by Rev. Gary Kowalski:  
<http://www25.uua.org/ufeta/heiferproject.html>

David Steele, Vice President of [Earthsave Canada](http://www.earthsave.ca), <http://www.earthsave.ca>

Anna Williams, Legal Extern, [Equal Justice Alliance](http://www.equaljusticealliance.org),  
<http://www.equaljusticealliance.org>

Amy Morley, Operations and Events Manager, [Institute for Humane  
Education](http://humaneeducation.org/home): <http://humaneeducation.org/home>